

THE ADULT FOSTER CARE
BY PRESERVE INDEPENDENCE MANAGEMENT (P.I.M.)
MICHIGAN



THE ENHANCED PROGRAM EXPERIENCE

MISSION

Provide rehabilitative residential services to consumers that are diagnosed with chronic/persistent mental illness, intellectual developmental disabilities, co-occurring disorders and struggles with challenging behaviors.

FOCUS

- **Community-based psychosocial rehabilitation**
- **Reduce Recidivism to inpatient psychiatric units**
- **Move consumers through a complete wrap around service/continuum**
- **Recovery-oriented approach to care**
- **Cost Effective**



SPECIALIZED RESIDENTIAL SERVICES:

- **Staffing ratios commensurate with consumer level of care (one-to-one as needed)**
 - Prader Willi Syndrome
 - Chronic behavioral difficulties
- **Personal Care**
- **Community Living Supports**
- **Life Skills Training**
- **Motivational Intervention Program**
- **Employment Preparation and Training**
- **Scheduled recreation and appropriate use of leisure time**
- **Structured Daily Routines**
- **24 Hour Crisis Intervention**
- **Community Service Providers Collaboration**
- **G.E.D. Preparation**
- **Art Therapy**
- **Smoking Cessation Program**
- **Group Therapy**
- **Monthly Consumer Empowerment Meeting Sessions**
 - Engage consumers to recommend improvements to their services (plan of care), living environment, internal programs and, community activities.

Clinical Services

- **Early Intervention to prevent crisis(s) and, avoid hospitalization.**
- **Mental Health Assessment, Diagnosing, and Treatment with Placing Agencies**
- **Case Conferencing and Treatment Plan Development in Collaboration with Placement Agencies**
- **Substance Abuse Treatment**
- **Case Management Services (as needed)**
- **Cognitive Behavioral Therapy**
- **Group & Individual Therapy**

Documentation

- **Clinical Assessment**
 - **Case Conference**
 - **Person Centered Plan of Service**
 - **Daily Progress Notes**
 - **Monthly Progress Summary Reports**
 - **Documentation to track daily activities**
- E-Health: electronic health record. Allows for HIPAA compliant off-site monitoring.**



- Flexibility and ease of input/output modifications
- Scalable to serve a large number of Patients, Clinicians, and locations
- Feature-specific to delineate persons with mental illness, substance abuse, developmentally disabled and with traumatic brain injury, etc.
- Supports electronic data interchange (EDI)
- HIPAA compliant
- Interoperability with other systems
- Member demographics
- Intakes

Continuing Quality Improvement

- Monthly Audits
- Assessment and Prevention
- Track Consumer Goals & Objectives
- Program Participation Tracking
- Prevent Hospital Days
- Tracking Movement through PRESERVE's 3-phase residential model
- Admissions and Discharges
- Annual Consumer Satisfaction Surveys



Professional Staff

- Psychiatrist (coordinated care)
- Psychologist (coordinated care)
- Registered Nurse - Leadership
- Licensed Social Worker (coordinated care)
- Educational Coordinator
- Dietician
- Enhanced Direct Care (specialty-trained)

P.I.M. affirms that every person is a unique and valuable individual

Staff (Direct Care Staff)

All DCW staff are required to obtain at least 24 credit hours of continuing education, annually. These educational programs must include In-Services, Seminars and training that is related to the mental health population, clinical programming, elderly and medically fragile individuals and the uniqueness of their diagnoses and underlying behaviors.

Training

Each employee will receive enhanced training in areas that are applicable to our specialized programming and the particular population they service.

Example of training program material:

- Relias training – or equivalent required by payer

- **Caregiver Model**
- **Identifying Special mental health concerns and, behaviors**
- **Meeting the chronic and, persistent mentally ill populations unique needs**
- **Identifying antecedents to help with clinical interventions to avoid crisis and, hospitalizations**
- **CPI Training**
- **Documentation and, Reporting standards**
- **Self -Reporting**
- **Working with the older population**
 - **Alzheimer's and Dementia Care**
- **Vital Signs**
- **Medical and Psychiatric Conditions**
- **Working with Challenging Behaviors**
- **Managing durable medical equipment**
- **DCW certification**

Brief Program Description (Community Living Support & Personal Care)

The Individual Person:

- **Life Skills Training** – Teaches independent living skills necessary to motivate consumers to move towards a least-restrictive environment: i.e., personal hygiene, cleaning, cooking, money management and, shopping routines
- **Micro Enterprise** – Teaches a variety of job skills in various areas
 - Janitorial
 - Lawn Care
 - Basic Office Tasks
 - Basic Repair and Maintenance
 - House Cleaning Services
- **Psychosocial Skill Development:** Teaches how to schedule recreation and appropriate use of leisure time (weekend planning); reinforces community integration and normalization; teaches consumers health choices for utilization of relaxation time.
- **Structured Daily Routines:** Teaches consumers organizational skills and time management. In addition to teaching them the importance of daily routines and how these routines can assist them to manage energy, thoughts and reduce stressors.
- **Dietary Skill Development:** Teaches nutritional values and the benefits of making good food choices and exercising.
- **G.E.D. Preparation:** Enrollment in adult education programs, and tutoring to enable the individual to pass the test.

The Individual in the Community:

- **Collaboration with local businesses for competitive employment opportunities, volunteer organizations to provide opportunities to give back to the community as well as participation in community projects and special events. Spending time in locations of their choice where the community is not a community of consumers only.**

The Individual Holistic Approach:

- **Motivational Intervention Program**
- **24 Hour On-Call Crisis Intervention**
- **We employ the integrative Health Approach:**

3 Phase Residential Model:



Family Unification Services

Individual/Family/Group Therapeutic Services

Nutritional Development Services

Personal & Academic Skill Training

Computer Skill Training

Money Management/Budgeting Training Services

Socialization

P.I.M. provides a 3-phase residential model that includes a Specialized Residential Treatment Program, Semi-Independent Living Program as well as Independent Living Programs.

Phase I – Specialized Residential Program

Our mission is to provide a structured therapeutic environment for consumers with emotional and behavioral challenges. This environment is designed to eliminate aberrant behavior(s). Our goal is to stimulate positive change and assist in developing skills, to lead a more productive life.

- 24 Hour Residential Care
- Diet and Nutritional Program
- Group Therapy
- Substance Abuse Program
- Anger Management Program
- Evidence Based Practices
- Enhanced Staffing
- Community Based Education
- Medication Compliance
- Light and rigorous exercise Program
- Education
- Life Skills Training
- Community Collaboration
- Computer Lab
- Structured Daily Routines

Phase II – Semi-Independent Living Program

Consumers will have worked through some of their emotional, behavioral and substance issues. Clinically they will have gained the skill sets necessary to move to a less restrictive environment. Staffing based upon individual need.

- Participation in community service projects
- Employment seeking
- Utilization of public transportation
- Grocery shopping and meal preparation
- Cleaning and laundry routines
- Financial Management
- Utilization of bank account (checking account)
- Medication compliance
- Education
- Positive use of leisure time

- Resumes, job application and interview (learning setting, mock interview)
- Computer Lab
- Structured Daily Routines

Phase III – Independent Living Program

Residents will have a good working knowledge of the independent living skills acquired in our SIL program and will be placed in an apartment setting or with their family and monitored through our organization.

Daily monitoring will be provided to ensure:

- Participation in GED Program or Community College
- Employment Search
- Cleanliness of Environment
- Positive Daily Routines
- Appropriate use of Recreational and Leisure time
- Medication Compliance
- Education
- Psychiatric Stability

Contact:

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